

Curling – always more enjoyable when you play with **courtesy** and appropriate **etiquette**.

In addition to the official RULES OF CURLING (which are posted in the entrance hall to the ice sheets), the following are **generally-accepted courtesies** which should be followed:

1. Have **fun and be courteous** at all times.
2. If you are **about to miss a game**, it is your responsibility to find a replacement and to inform your skip.
3. **Be on time**. Seven players are waiting for you.
4. Ensure that your **footwear** is clean and in good condition before going onto the ice. Change your footwear in the locker room downstairs. When going from the change room to the ice surface or lounge, use the west-end stairs.
5. **Hand prints and knee prints** can cause melting and ice indentations. After releasing your rock, please minimize direct skin and knee contact with the ice.
6. At the start of the game, **greet your opponents** with a warm handshake, and introduce yourself.
7. Only Skips and Vice Skips are allowed **in the house during an end**.
8. **When it is your turn to throw**, be ready to take your position in the hack, immediately after your opponent has delivered their stone.
9. **Do not walk across the ice** when a player is in the hack. **Do not get in the way** of opposing sweepers.
10. **Sweepers** – do not obstruct the shooter's view. Get in position to sweep, after your teammate has released their stone.
11. **When the opposition is throwing**, sweepers should stand between the hog lines, and at the side of the ice sheet. Do not gather in the back of the house.
12. When the opposition is delivering or in the hack, the **opposing skip** must stand still, and not disturb the concentration of the delivering player.
13. **Leads and Seconds** are not allowed behind the house, when the opposition throws.
14. **When all rocks have been thrown in an end**, only the vices should be in the house, until the score has been decided. Do not move any rocks in the interim.
15. Win or lose, **at the end of the game**, be gracious, shake hands with the opposition, and arrange to meet them upstairs after the game.