

Tips for Your Curling Event

BEFORE YOU ARRIVE

ATTIRE: Footwear: If you don't have curling shoes, use a clean pair of flat running shoes. The club has grippers available for you to use but quantities are limited.

CLOTHING: Wear loose fitting clothing.

TEMPERATURE: There are heaters in the rink so you won't get very cold. Dress in layers. Gloves or mitts are a good idea. You can always shed.

EQUIPMENT: The club has a supply of brushes for your rental. Sliding devices are also available to help you deliver the rocks.

SCHEDULE: You should arrive at least 20 minutes early but you may want to arrive earlier depending on the size of your group. It will take a few minutes to ensure each person is ready to get on the ice.

INSTRUCTORS: If you are new to the sport and would like to have one or more instructors work with you or your group, please be sure to mention it when you are making the booking.

BAR: Prior to, during and after the ice rental period, a full-service, professionally operated bar service is available. The bar stocks a wide variety of beverages. Bare service should be specified at the time of booking. No drinks are allowed on the ice.

WHEN YOU ARRIVE

PREP: Make sure all participants have at least one gripper on their non-sliding foot, and tape or a removable slider on the other foot. The faster you get everyone setup, the more time you will have on the ice.

ICE TIME: For each game, you will have a maximum 2 hours ice time from the time of your booking - so get out to the ice as quickly as you can.